Parenting is hard! Especially if we don’t have the support we need to better understand and guide our children. And then comes a pandemic! It is normal to feel exhausted and overwhelmed. We are here to help!

Learn more about what your children need so they can...

- Listen to stories by parents like you who moved from yelling and hitting to connection and cooperation.
- Understand your child’s unique development, why you sometimes lose it, and what to do instead.
- Enjoy easy-to-use practices to help calm your nervous system and connect with yourself and your family.

REGISTER NOW!
bit.ly/FreePandemicParenting

Event Information:
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